

Union Station - Menu

Thursday, April 25, 2024

Item	Serving Size	Calories	Total Fat (g)	Sat. Fat (g)	Sodium (mg)	Carb. (g)	Dietary Fiber (g)	Protein (g)	Allergens	Gluten Friendly
Bagels										
Bagel with Butter	1 ea	270	8	4	430	45	2	7	Eggs;Milk; Sesame; Soy; Wheat	
Bagel with Cream Cheese	1 ea	350	13	7	610	50	2	10	Eggs;Milk; Sesame; Soy; Wheat	
Breakfast Sandwiches										
Egg, Protein, Cheese on English Muffin	1 ea	320	14	6	900	30	1	17	Eggs;Milk; Sesame;	

									Soy; Wheat; Pork
Egg, Cheese on English Muffin	1 ea	210	6	2.5	640	27	1	11	Eggs;Milk; Sesame; Soy; Wheat
Protein, Cheese on English Muffin	1 ea	290	14	6	780	28	1	13	Eggs;Milk; Sesame; Soy; Wheat; Pork
Egg, Protein on English Muffin									
Egg, Protein, Cheese on Croissant	1 ea	420	24	11	860	34	1	16	Eggs;Milk; Soy; Wheat; Pork
Egg, Cheese on Croissant	1 ea	310	16	7	600	31	1	10	Eggs;Milk; Soy; Wheat
Protein, Cheese on Croissant	1 ea	390	24	10	750	32	1	13	Milk;Soy; Wheat; Pork
Egg, Protein on Croissant									
Egg, Protein,	1 ea	410	16	7	1020	49	2	19	Eggs;Milk;

Brewed Tea

Hot (small)	1 ea	25	1		35	3		1	Milk;Soy; Tree nuts
Iced (medium)	1 ea	25	1		30	3		1	Milk;Soy; Tree nuts

Cold Drinks

Cold Brew (medium)	1 ea	50	2	0.5	65	5		3	Milk;Soy; Tree nuts
Iced Latte (medium)	1 ea	90	3.5	1	110	9	1	5	Milk;Soy; Tree nuts
Iced Vanilla Latte (medium)	1 ea	90	3.5	1	110	9	1	5	Milk;Soy; Tree nuts
Chai Latte (medium)									

Frozen Drinks

Fruit Smoothies (medium)	1 ea	260	4	2	50	55	3	3	Milk
Coffee Frappe (medium)	1 ea	690	26	18	410	101	1	22	Milk;Soy; Tree nuts; Wheat

Chocolate Frappe (medium)	1 ea	520	18	11	370	74	1	19	Milk;Soy; Tree nuts; Wheat
Frozen Spiced Chai (medium)									
Hot Drinks									
Brew of the Day (small)	1 ea	15			15	1		1	Milk;Soy; Tree nuts
Latte (small)	1 ea	740	22	12	520	124	1	19	Milk;Soy; Tree nuts; Wheat
Cappuccino (small)	1 ea	130	6	3.5	105	10		7	Milk;Soy; Tree nuts
Hot Chai (small)	1 ea	240	3.5	1	160	48	1	5	Milk;Soy; Tree nuts
Hot Cocoa (small)	1 ea	460	12	6	400	69	2	20	Milk
Espresso (single)	1 ea								