Red Dragon Wagon Menu - Menu

Monday, March 20, 2023

Item	Serving Size	Calories	Total Fat (g)	Sat. Fat (g)	Sodium (mg)	Carb. (g)	Dietary Fiber (g)	Protein (g)	Allergens	Gluten Friendly
1. Monday - Mac & Cheese										
Chicken, Bacon & Broccoli Mac & Cheese	14 oz	750	50	17	1780	38	2	39	Eggs;Milk; Soy;Wheat	
Lobster Mac & Cheese	14 oz	790	46	16	1940	67	1	32	Eggs;Fish; Milk; Shellfish; Soy;Wheat	
Traditional Mac & Cheese	14 oz	500	32	12	1000	36	1	20	Eggs;Milk; Soy;Wheat	
Buffalo Mac & Cheese	14 oz	860	58	16	2620	51	2	36	Eggs;Milk; Soy;Wheat	
2. Tuesday - Street Tacos/Walking Tacos										

Quinoa Mexicali (vegan)	6 oz	200	2		350	37	5	6	
Rice & Beans: Rice	4 oz	160			25	37		4	
Chicken Tinga	5 oz	140	5	1.5	450	5	1	16	
Cuban Carnitas (pork)	5 oz	220	10	3.5	370	3		28	
Carne Asada (beef)	5 oz	420	2.5	12	1230	1		35	
Rice & Beans: Beans	3 oz	110			410	21	5	7	
Walking Taco	1 ea	710	43	13	1010	56	7	22	Milk;Soy

3. Wednesday - Pretzel Bun Sandwiches

Brisket and Cheddar	1 ea	630	33	14	1160	53	2	34	Eggs;Fish; Milk; Sesame;Soy; Wheat
Classic Corned Beef Reuben	1 ea	230	17	5	920	8	1	13	Eggs;Milk; Sesame;Soy; Wheat
Ham and Swiss	1 ea	650	35	12	680	47	3	36	Eggs;Milk; Sesame;Soy;

									Wheat
Spicy Cuban	1 ea	480	19	7	870	50	2	24	Milk; Sesame;Soy; Wheat
Turkey BLT	1 ea	630	29	7	1780	63	8	29	Sesame;Soy; Wheat

4. Special - Barbecue

Pulled Pork BBQ	1 ea	950	45	12	2320	106	6	32	Eggs;Milk; Soy;Wheat
Smoked Chicken BBQ	1 ea	870	41	10	2290	93	6	38	Eggs;Milk; Soy;Wheat
Pork and Beans	4 oz	250	10	4	1330	33	5	17	Soy
Wasabi Coleslaw	4 oz	200	16	2.5	300	11	3	3	Eggs;Milk; Soy;Gluten Friendly; KosherStyle